



J-Intelligence Networks

EMPOWERING WOMEN WITH THEIR EMOTIONAL  
WELLNESS AND INTIMACY WITH GOD TO LIVE  
ABUNDANTLY!

**EMOTIONAL HEALTH &  
HEALING FOR  
LIVING ABUNDANTLY!**







# ABOUT US

There is a growing need for emotional support. The National Alliance on Mental Illness (NAMI) cites that some people find that religion and individual spirituality positively impact their physical and mental health.

Therefore, J-Intelligence Networks, Inc. (JINTEL) is a nonprofit organization that emphasizes the positive impact of spirituality with tools that promote self-care. We provide educational programs for deliberate activities that promote mental, emotional, and spiritual health.



# MINDSET TRANSFORMATION

## 4 Principles / 4 Workshops



### Praying/Journaling

Exploring our authentic selves by journaling and connecting with God. Promoting self-expression.



### Changing Your Thinking

Identifying limiting beliefs and getting to the bottom of negative self-talk. Developing a growth mindset.



### Believing in Yourself

Identifying abilities and inner strength. Boosting self-confidence while embracing identity in Christ.



### Discovering Your Purpose

Aligning to deepest self. Revealing hidden abilities. Exploring strengths and desires. Empowering yourself.



# INTERACTIVE WORKSHOPS

**Flexible**

**Confidence -  
Building**

**Identity Formation**

**In-Person**

**Zoom Friendly**

**Community -  
Driven**

**4.9 out of 5  
stars rating**

**Fun**

**Lots of good  
and useful info.  
It is relevant,  
practical, and  
helpful.**





# Kemir Baker

## Workshop Facilitator

- CEO/Founder of JINTEL
- Master of Theological Studies
- Certified Lay Counselor and Life Coach
- Host of *A Healing Peace* Podcast
- Overcomer and Passionate About Bringing Tools and Resources to Women





# Dee Ann Higgins

## Workshop Facilitator

- Certified Life Coach
- Licensed Professional Counselor Associate
- Missionary
- Dedicated Wife and Mom
- Unlocks Others Potential for Increased Happiness





# MORE ABOUT US





JINTEL: Emotional Health &  
Healing for Living Abundantly

# BOOK US



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